

# Maris Saar

Therapist at Tru ME

maris.saar001@gmail.com

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## Summary

Tv host for hypnosis TV show in public tv channel for 2 seasons in Estonia, on 2017.

Certified by the ABH for hypnosis trainer

Motivational speaker

Co-creator of Tru Me Therapy - Intuition hypnosis

Hosted 3 international awareness camps, each 1 week long

Hosted 2 Estonian awareness camps, each 3 days long

Hosted over 10 group awareness events each one with over 100 participants.

Hosted and performed real life hypnosis, group hypnosis and raised awareness for 2 seasons in a tv show.

Trained 13 new hypnotists.

Performed and raised awareness in big shows with over 1000 participants.

Successfully am about to publish a book and all of the above has been done with my partner Siim Sildoja from Tru Me Therapy.

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## Experience

Therapist

June 2016 - Present

Professional marketer and photographer

May 2005 - Present

Business plan making and marketing, a course funded by EAS at BDA Consulting

February 2015 - June 2015 (5 months)

Marketing Manager

February 2013 - June 2014 (1 year 5 months)

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## Education

Infinite Excellence

Hypnosis trainer, Hypnosis, 2018 - 2018

University of Tartu

Bachelor's degree, Communication, Journalism, and Related Programs, 2006 - 2011



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[Contact Maris on LinkedIn](#)